

Strengths and weaknesses

When you write a CV or an application you have to think about your strengths and weaknesses.

1. What are your strengths and what kind of skills do you have that could be helpful for a job?
What are your weaknesses? What could you do about your weaknesses?
2. Take notes in the boxes. You can use the box of ideas and a dictionary to help you.
3. Talk with a partner about your strengths and weaknesses. Ask your partner for tips and advice.

My strengths and skills

My weaknesses

What could I do better?

Box of ideas:

trustworthy/can be trusted • creative • kind • reliable • hard-working • active • experienced/ have experience • easy-going/relaxed • a team player • good at organising/explaining things • good at finding compromises/solutions/answers • computer/language/communication skills • calm • tolerant •