Strengths and weaknesses

When you write a CV or an application you have to think about your strengths1 and weaknesses2.

1. What are your strengths and what kind of skills do you have that could be helpful for a job?

What are your weaknesses? What could you do about your weaknesses?

2. Take notes in the boxes. You can use the box of ideas and a dictionary to help you.



3. Talk with a partner about your strengths and weaknesses. Ask your partner for tips and advice.

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| --- | --- |
|  | My strengths and skills |

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|  | My weaknesses            What could I do better? |

Box of ideas:

trustworthy • creative • polite • reliable • hard-working • patient • active • experienced • easy-going • a team player • good at organising/explaining/finding compromises/… • computer/language/communication skills • calm • tolerant • communicative • efficient • persistent • analytical • friendly • careful • caring • …

1 strength – Stärke; 2 weakness – Schwäche